



# Montgomery High School Guidance News

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## News



### MHS

It is finally beginning to feel like spring as we head into the remaining weeks of school. We want to wish the seniors all the best as they move on to the next phase of their lives. What an exciting time! Juniors are anxiously awaiting their senior year and all the wonderful events planned for them. Sophomores, junior year is right around the corner; freshmen, you have almost completed your first year of high school—well done! The MHS counselors are here to support all of you in setting and meeting your goals and we are all looking forward to welcoming the class of 2027 in September!

~Corie Gaylord

## Seniors

*It seems early to start saying goodbye, but the entire Counseling/Guidance Department would like to take this opportunity to wish you well as you pursue your dreams beyond MHS. Please be sure to let us know your plans for further education, the workplace or the military. (**complete the Senior Survey!**). Be confident, be humble, and, most of all, be true to yourself.*

## Important News:

### MHS Offers Summer School Courses

This summer students will again be able to take advantage of course offerings for enrichment or advancement. Please visit the S.O.A.R. website to register and for more information: [SOAR@mtsd.us](mailto:SOAR@mtsd.us).



### Other Summer Courses

Students who take a summer course either online or in a traditional classroom must fill out an Option II form and submit it to the Guidance Department **BEFORE** registering to be able to gain credit. This includes students who have either failed a course or are taking a course for advancement. The Option II application can be found on the Guidance website of the high school under "Option II/Summer School" and must be submitted by May 15th for courses to be completed during the summer.

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### Scheduling for 2023-24

If a student did not meet the pre-requisite to be placed into an HONORS or AP course for next year, they may apply to waive into that course. Waiver application forms can be obtained from their teachers. The applications must be completed in full, require student and parent signatures, and be submitted to their current subject area teacher by April 28th.

Students will be informed of an approval or denial by June 3rd.

**NO WAIVER FORMS WILL BE ACCEPTED AFTER  
APRIL 28th.**

### **Summer Assignments:**

Students, please remember to complete summer assignments and summer reading for any classes that require it. Do not wait until the end of the summer! Summer assignments can be found on the department websites of the high school web page.

*That's how you move forward. You discover new journeys and new doors that are being opened.*

—Michelle Yeoh

# Montgomery High School

## Upcoming Events:

**May 1-12: AP Testing**  
**May 24: Academic Awards**  
**June 8: Senior Scholarship Awards**  
**June 21: Graduation!**



## Class of 2024:

Over the summer, please log in to *Naviance* and complete the “Student Brag Sheet” and “Activities Resume” which can be found under the “About Me” tab. Also, parents need to complete the “Parent Point of View” in that same location. Until these items are completed school counselors cannot send out materials to colleges in the fall.

## Counselor Availability:

Counselors will have limited availability to voicemail and e-mail over the summer. They will return e-mails and messages at their earliest convenience upon their return to Montgomery.



## Opportunities

The “Opportunities” postings, previously on the guidance department website, have been modified. In an effort to increase awareness, the opportunities will be e-mailed to registered students through Naviance. These include programs such as Governor’s School, the Prudential Spirit of Community Awards and so forth. Opportunities are characterized as programs which are not tuition or fee based. They run the gamut from awards to educational and leadership programs.

## SAC CORNER

### APRIL IS ALCOHOL AWARENESS MONTH

April is Alcohol Awareness Month and we want to remind our families of the importance of encouraging safe, prom memories. Information was shared with you via school email from our principal, Mrs. Heather Pino-Beattie, but an important part of that communication that I want to reinforce is as follows: Additionally, I would like to remind parents of the dangers of young people attending unsupervised parties after the prom and that [Parents Who Host, Lose the Most!](#)

Gatherings in hotel rooms (students are not permitted to stay at the Hyatt Regency the night of the prom), vacation homes, or any site where adults are not present often lead to situations with dreadful consequences. Please take some time to visit the linked [Montgomery Municipal Alliance](#) webpage for some vital information about the dangers of underage drinking and information about the consequences of hosting parties in your home where alcohol is served to teenage guests. If parents take a firm stand, we can ensure that the prom and all celebrations that follow are enjoyable and safe events for all our students.

### WELLNESS DAYS!

On March 29 th & 30 th , our MHS student community participated in our annual Wellness Workshops, facilitated by the People Project and Peer 2; under the direction of Mr. Vincent Figueroa and Mrs. Christine Grossmann, SAC. There were so many more options this year for students. Some of the workshops included: Introduction to Knitting, Mindfulness, Self-Regulation, Introduction to Jiu Jitsu (Montgomery BJJ), Singer/Songwriting, Calligraphy, What you Need to Know about E-Cigarettes, Compassion/Empathy, Board Games, Succulent Transplanting and Gardening, Nature Walk & Chalk, Jewelry/Bracelet making. The workshops were led by local individuals that serve our county, as well as some former Montgomery students. Among some, were Melanie Lavake (Class of 2018) and Max Greenberg (Class of 2020) that volunteered to lead some of the workshops. Overall the energy of the school during the two-day event was electric and made a positive impact.

Feedback forms will be reviewed to continue to support the needs of our MHS school community as we strive to create a more mindful school community.



For more information about The People Project, the “Wellness Days,” and/or Mental Health Awareness Month, please reach out to Christine Grossmann

[cgrossmann@mtsd.us](mailto:cgrossmann@mtsd.us)

*Each person must live their life as a model for others.*

~Rosa Parks



**May is  
Mental Health  
Awareness Month**